



Watermelon Corn Salsa

serves 4

presented by McKenzie Ziegler, RDN, CDN, LDN



McKenzieZieglerNutrition

INGREDIENTS

- 1 cup diced watermelon
- 2 ears sweet corn, kernels cut off the cob
- ½ cup diced tomatoes
- 1 medium red onion, diced
- ½ cup diced cucumber
- ½ cup cilantro, chopped
- 1 jalapeno, seeded and diced (optional)
- juice of 2 limes
- 2 Tbsp olive oil
- salt and pepper, to taste

Combine all ingredients in a large mixing bowl.
Serve with tortilla chips.