




Seasonal Fruit Salsa
makes approximately 3 cups
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 McKenzieZieglerNutrition

INGREDIENTS

- 1 cup diced fresh tomatoes
- 1 cup diced seasonal fruit (peaches, watermelon, cantaloupe, plums, strawberries, sweet apples)
- 1/3 cup diced yellow or red onion
- 1-2 mild OR spicy peppers, diced
 - **mild:** bell, poblano, banana, Anaheim, Ancho
 - **spicy:** jalapeno, serrano, habanero, cayenne
- 2 Tbsp fresh lime juice
- ½ cup chopped cilantro
- salt to taste
- black pepper to taste

INSTRUCTIONS

- Mix all ingredients well in a medium bowl. Serve with tortilla chips.